

IMMEDIATE
Out Today

No.21/13/2018-Adm.(Coord.)/272
Government of India
Central Electricity Authority
(Adm.Coord. Section)



5th Floor, Sewa Bhawan,
R.K. Puram, New Delhi-66.

Dated the, 20th June, 2022



CIRCULAR

Subject: **Observance of 8th International Day of Yoga on 21st June, 2022**

Vide communications Number 16/11/2019-Admn.III, dated 15th June, 2022 received along with enclosures (received from Hon'ble Minister, Ministry of Aayush) from Ministry of Power on the above cited subject (copy enclosed), it has been informed that Government of India has decided to take forward the momentum created by International Day of Yoga with greater and more active participation during the current year celebrations, which will be held on **21st June, 2022**.

2. In CEA(HQ), following activity will be held to celebrate the 8th International Day of Yoga on 21st June, 2022:

S.No.	Name of Activity	Date & Time	Venue
1.	Inauguration of Yoga events followed by- Yoga Demonstration cum activity by Yoga Instructor	21.06.2022 10 AM to 10.45 AM	2 nd Floor, Sewa Bhawan, in front of Lecture Hall (Auditorium), CEA
2.	A Short film on benefits of Yoga	21.06.2022 11 AM to 11.25 AM	CEA Lecture Hall (Auditorium), 2 nd Floor, Sewa Bh., R.K. Puram, New Delhi.
3.	Lecture on stress free living through positive thinking	21.06.2022 11.30 AM to 12.30 PM	-do-
4.	A Quiz Contest on Yoga	21.06.2022 3 PM to 4 PM	-do-

3. IDY 2022 will be observed with "Yoga for Humanity" as theme.

4. Your active participation in the above said yoga events is highly solicited.

5. This issues with the approval of the competent authority.

Encls: As above(Enclosures are available at CEA Web Portal)