

**IMMEDIATE**  
**Out Today**

No.21/13/2018-Adm.(Coord.)/272  
Government of India  
Central Electricity Authority  
( Adm.Coord. Section )

5<sup>th</sup> Floor, Sewa Bhawan,  
R.K. Puram, New Delhi-66.

Dated the, 20<sup>th</sup> June, 2022

**CIRCULAR**

Subject: **Observance of 8<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June, 2022**


Vide communications Number 16/11/2019-Admn.III, dated 15<sup>th</sup> June, 2022 received along with enclosures (received from Hon'ble Minister, Ministry of Aayush, Ministry of AYUSH) from Ministry of Power on the above cited subject (copy enclosed), it has been informed that Government of India has decided to take forward the momentum created by International Day of Yoga with greater and more active participation during the current year celebrations, which will be held on **21<sup>st</sup> June, 2022**.

2. In CEA(HQ), following activity will be held to celebrate the 8<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June, 2022:

S.No.	Name of Activity	Date & Time	Venue
1.	Inauguration of Yoga events followed by- Yoga Demonstration cum activity by Yoga Instructor	21.06.2022 10 AM to 10.45 AM	2 <sup>nd</sup> Floor, Sewa Bhawan, in front of Lecture Hall (Auditorium), CEA
2.	A Short film on benefits of Yoga	21.06.2022 11 AM to 11.25 AM	CEA Lecture Hall (Auditorium), 2 <sup>nd</sup> Floor, Sewa Bh., R.K. Puram, New Delhi.
3.	Lecture on stress free living through positive thinking	21.06.2022 11.30 AM to 12.30 PM	-do-
3.	A Quiz Contest on Yoga	21.06.2019 3 PM to 4 PM	-do-

3. IDY 2022 will be observed with "Yoga for Humanity" as theme.
4. Your active participation in the above said yoga events is highly solicited.
5. This issues with the approval of the competent authority.

Encls: **As above(Enclosures are available at CEA Web Portal)**

  
( Ashwani Kumar )  
Section Officer(Welfare)

To:All the Officers/Staff Members of CEA through CEA Web site.

1. All subordinate offices of CEA for similar suitable action from their side.
2. Ms, B.K. Phalak, Brahmakumaris, Mohammad Pur Centre, New Delhi.
3. Director(TS), CEA. It is requested to book the Lecture Hall(Auditorium) on 21<sup>st</sup> June, 2022 from **9.30 AM to 6 PM**.
4. All Notice Board at Sewa Bh. and W.B.I & II, CEA, R.K. Puram, New Delhi.