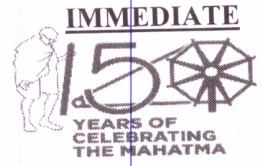




No.21/13/2018-Welfare/Adm.(Coord.)/238
Government of India
Central Electricity Authority
(Adm.Coord. Section)



5th Floor, Sewa Bhawan,
R.K. Puram, New Delhi-66.

Dated the, 17 June, 2021

CIRCULAR

Subject: **Observance of 7th International Day of Yoga on 21st June, 2021 – regarding.**

Vide communications Numbers 16/11/2019-Admn.III, dated 09th February, 2021, 08th June, 2021 and 11th June, 2021 respectively received along with enclosures (received from Secretary, Ministry of AYUSH) from Ministry of Power on the above cited subject (copies enclosed), it has been informed that Government of India has decided to take forward the momentum created by International Day of Yoga with greater and more active participation during the current year celebrations, which will be held on **21st June, 2021.**

2. IDY 2021 will be observed by all by encouraging one and all to practice the 45-minute **COMMON YOGA PROTOCOL (CYP)** on the 21st of June 2021, as has been observed since 2015. **The CYP practice will be done this year mostly at home and in a Covid-19 compliant way.** The central message for this year's IDY will be '*Be with Yoga, Be at Home*', and all stake holders will promote the same.

2. In this connection, following activities will be held **online on Google Meet** to celebrate the 07th International Day of Yoga on 21st June, 2021 in CEA(HQ):

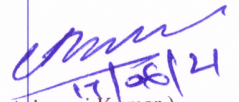
S.No.	Name of Activity	Date & Time	Venue
1.	Inauguration of Yoga events by Chairperson of CEA	21.06.2021 11.30 AM to 11.45 AM	<u>ONLINE LIVE FROM</u> Lecture Hall (Auditorium), 2 nd Flr., CEA, Sewa Bh., R.K. Puram (Entry Restricted)
2.	Followed by Yoga Demonstration cum activity by Yoga Instructor	21.06.2021 11.45 AM to 12.45 PM	<u>ONLINE LIVE FROM</u> Lecture Hall (Auditorium), 2 nd Flr., CEA, Sewa Bh., R.K. Puram (Entry Restricted)

3. The Government's aim is to make Yoga an integral part of the citizens' lifestyle and thereby secure a healthy life for all. As well as to promote the campaign for eco-friendly Yoga accessories, which will help in safeguarding the health of public in general as well as the environment.

4. Your active participation in the above said online yoga events is highly solicited. It is, therefore requested to join the Google Meet Video Call Link: <https://meet.google.com/wdb-scpi-hcu> on 21.6.2021 from 11.30 AM to 12.45 PM.

5. **E-Certificate will be provided to all the successful participants.**

Encls: **As above (Enclosures are available at CEA Web Portal)**


(Ashwani Kumar)
Section Officer(Welfare)

Copy for information to:

1. PPS to Chairperson, CEA.
2. PPS to all Members of CEA.
3. PPS to PCE-I/PCE-II, CEA.
4. PS to Secretary, CEA.

To:

1. All Officers/Staff Members of CEA.
2. Social Media Committee, CEA. It is requested to upload the above activities in the CEA Media web and also share the link for yoga activities by AYUSH Ministry as mentioned in their above enclosed letters.
3. Director(TS), CEA. It is requested to book the Lecture Hall (Auditorium) on 21st June, 2021 from **11 AM to 1 PM** for the above said online activities.
5. All Notice Board at Sewa Bhawan and W.B.I & II, CEA, R.K. Puram, New Delhi.